

## ENDODONTIC TREATMENT

### *Post-Care Instructions*

- **Your root canal treatment is now complete and has a core build-up.** The canal(s) has been sealed and nature must now have time to repair the damage that the original irritant produced. Do not chew on the tooth until all the tenderness is gone. We have placed a permanent filling on your tooth. You still need to see your dentist for possibly a new crown, and you should return for regular check-ups.

#### **Local Anesthesia**

- The anesthesia used during your procedure will wear off within a few hours. You may experience tenderness, mild swelling, or bruising to the injection site. In rare cases, prolonged numbness can occur. Please contact our office if numbness does not wear off within 48 hours of your procedure.

#### **Pain Management**

It is normal for you to experience some degree of discomfort for a few days. This tenderness is normal and is no cause for alarm.

- Discomfort may be alleviated by taking Aleve, ibuprofen (Advil), aspirin, or acetaminophen (Tylenol) as directed. **600 mg Ibuprofen along with 500 mg & Tylenol every 6 hours for 2 days as needed.**
- Warm salt water rinses (1/2 teaspoon of salt in 8 ounces of water) may also help. Should you experience discomfort that cannot be controlled with the above medications or should swelling develop, please contact our office, we are here to help, and happy to do so.

Please call our office at (281) 940 8940 if you have any questions or difficulties. If it is after hours, follow the prompts to be connected to our answering service. If you feel that your symptoms warrant a physician, and you are unable to reach Dr. Justin Lai, please go to the closest hospital emergency room immediately.